

GO DEEPER

REWIND VOL. 1

DAILY DEVOTIONS

DAY 1: WE CAN BUST FEAR WITH PRAYER

READ - Luke 8:22-25

What did Jesus do? He calmed the storm! This week, if you find yourself getting afraid, remember to pray to God! Jesus is more powerful than anything we are afraid of, and even though our feelings of fear may not immediately go away, when we are afraid we can trust in Him! Truly believing that our super-powerful and loving God is with us can help us find peace in the midst of the storm. **Remember: We can bust fear with prayer!**

DAY 2: WE CAN BUST FEAR WITH FAITH IN GOD'S POWER

READ - Hebrews 11:1, Romans 15:13

We can have faith in God's power. And when we ask Jesus to be the Leader and Forgiver of our lives, God gives us His powerful Spirit to live inside of us. Then, we don't have to be afraid! Any fears we may have – including the fear of being alone, tight spaces, nightmares, bugs, trying new things, germs, and even death – none of them are too much for God. When we are a child of God, the Holy Spirit is with us and reminds us that God is more powerful than anything! **Remember: We can bust fear with faith in God's power!**

DAY 3: FOLLOWING JESUS MEANS OBEYING GOD'S WORD

READ - Matthew 7:24-27, Psalm 119:105-106

Obedying God's Word is one way we follow Jesus! To obey God's Word, the Bible, we need to read it, learn from it, and do what it says. When we obey God's Word, people are able to see something different about us. Jesus' ways are different and when we follow Jesus we start to look different too! What are some ways you can remind yourself to read the Bible every day? **Remember: Following Jesus means obeying God's Word!**

DAY 4: FOLLOWING JESUS MEANS FORGIVING OTHERS

READ - Matthew 18:21-35, Ephesians 4:32

If we are following Jesus, we should be willing to forgive people who hurt us. Forgiveness means we do not hold on to how someone has wronged us, instead, we leave it in God's hands, and move on. How many times did Jesus say we should forgive? 490 times! Now, Jesus' point was not for us to keep track, but to forgive every time just like God forgives us when we ask! It's not always easy! **Remember: Following Jesus means forgiving others!**

DAY 5: GOD IS LORD OF ALL

READ - Genesis 1:1, Mark 4:37-41, Mark 2:10-12, Mark 16:6

Can you make rain stop and the sun come out? No, of course not! But there is somebody who can - God! God showed us His power by creating the whole world. He showed us His power through His Son, Jesus, who calmed the storm and healed people who were sick. He showed us His power when Jesus died on the cross and then came back to life three days later! God can do anything and everything! **Remember: God is Lord of all!**



LIGHT IT UP WORSHIP

Materials: glow baton, 2 paper cups, beans or rice, tape

When feeling afraid, one of the best things to do is praise God! When we praise God, that moves us from a place of fear to a place of worship! Read Psalm 98, then create a praise shaker.

Take two disposable cups, decorate the outside of the cups with markers and then fill one cup about 1/4 full with dried beans/rice. Use tape to secure the cups together, rim to rim.

Once your shaker is ready take your shaker and glow baton to a dark room. Turn on your glow baton, shake your shaker, dance and sing praises to God. God's power is greater than darkness or fear. For some great praise party music, go to: <https://tinyurl.com/brkidsplaylist>



WASHED CLEAN

Materials: bar of soap, marker

This is a great bath time activity! Open the bar of soap and grab a marker. This bar of soap represents your heart. Think about different wrong things, or sins, you have done. For each sin you think of either write the words on your soap or draw dark spots so that it is covered with "sin".

Our sins stain our hearts and the only way to clean our hearts is to ask Jesus for forgiveness.

Take your bar of soap to the bathroom. Watch as the water removes the marker just like Jesus wants us to allow Him to wash our hearts clean.



GOD IS LORD OF ALL

Materials: modeling clay or playdough

Modeling clay can be anything you want it to be. You can make an animal, or a person, or a house. You can craft it with your hands, or you can use tools. You can bake it and harden it in an oven to become a permanent masterpiece, or you can squash it and start all over again! The only limit to modeling clay is your imagination. If you can dream it up, you can create it.

I can't help thinking that's exactly how God made our world. God had a plan to create a beautiful place with light and dark, water and land and sea, plants and fish, and birds and animals. And let's not forget people! Our God is a creative God. As you create your own masterpiece with the clay, thank God for the amazing world He made, and for giving us imagination as well. God created all and is Lord of all!